

Subject	Y8 Threshold Knowledge – Autumn/Spring/Summer term	How to support students' learning
PSHE	<p>Autumn Term</p> <p>Relationships and sex education -</p> <ol style="list-style-type: none"> 1. Identify peer pressure and suggest some ways to manage it. 2. Explain strategies to manage peer influence and pressure. 3. Describe how to show respect to others. Identify the importance of equality in a diverse community and demonstrate ways to promote this. 4. Identify the importance of equality in a diverse community and demonstrate ways to promote this. 5. Identify what is a gender stereotype. <p>Health and wellbeing -</p> <ol style="list-style-type: none"> 6. Describe what constitutes a healthy lifestyle. 7. Understand the risk and effects of nicotine and alcohol. 8. Evaluate misconceptions, social norms and cultural values relating to drug, alcohol and nicotine use. <p>Spring Term</p> <p>Health and wellbeing -</p> <ol style="list-style-type: none"> 9. Describe ways to promote physical, mental and emotional health. 10. Identify some safe and unsafe choices for health and wellbeing. <p>Relationship and sex education -</p> <ol style="list-style-type: none"> 11. Understand the validity of and the laws and regulations around marriages and civil ceremonies in England and Wales. Understand family structures, what they have in common and how they can differ. 12. Recognise that all family types should be valued and celebrated. 13. Explain rights and responsibilities that promote equality. 14. Explain inclusion for all and the benefits of living in a diverse community. Describe the role and responsibilities of a parent. <p>Summer Term</p> <p>Living in the wider world -</p> <ol style="list-style-type: none"> 15. Explain what the Local Labour Market is. 16. Identify why understanding the local labour market can support your career planning. 17. Identify some skills and attributes that employers value. 	<ul style="list-style-type: none"> • Childline website provides information and advice on a wide range of topics that children and young people may be worried about including peer pressure. • https://www.childline.org.uk/info-advice/friends-relationships-sex/friends/peer-pressure/ • Childline website explains all forms of bullying, including discrimination, where to go for help and advice. • https://www.childline.org.uk/info-advice/bullying-abuse-safety/types-bullying/ • NHS guide on healthy diet • https://www.nhs.uk/live-well/eat-well/food-guidelines-and-food-labels/the-eatwell-guide/ • Childline website: information about drug and alcohol use • https://www.childline.org.uk/info-advice/you-your-body/drugs-alcohol-smoking/ • NHS website on Physical Health – how to your child healthy. • https://www.nhs.uk/livewell/fitness/documents/children-and-young-people-5-18-years.pdf Kooth is a mental health support app with trained counsellors, message boards, advice, and help. The unique thing about Kooth is you can have a text conversation with a counsellor and not have to speak on the phone. Childline • www.Kooth.com • Childline website provides information and advice on a

	<p>18. Identify the options available at the end of key stage 3.</p> <p>19. Explain how to make informed decisions about next steps and career choices.</p> <p>20. Explain how to be ambitious and enterprising and challenge career stereotypes.</p> <p>21. Identify a range of skills and attributes for employability.</p> <p>22. Identify personal strengths and areas for development, and take account of feedback, in order to improve.</p>	<p>wide range of topics that children and young people may be worried about. It also has wellbeing resources like the calm zone, art box, mood journal, games and a mental health first aid kit that children can use to work through their feelings and experiences.</p> <ul style="list-style-type: none"> • www.childline.co.uk • Careers and Enterprise Organisation, Coventry, and North Warwickshire • As a parent or carer, you will want to have some of the key answers that your young people ask of you. The landscape of opportunities has never been so broad. This site has key resources, tools and support that can help you wade through the options and help shape possible solutions to their future. • https://www.cwcareershubs.co.uk/parents-zone/ • Barclays LifeSkills. Family Home Learning • Tools, tips and activities to help your family build money and employability skills for their future. • https://barclayslifeskills.com/families/home-learning/
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