

Subject	Year 9 Core Knowledge – Autumn/Spring/Summer term	How to support students' learning
PSHE	<p>Autumn Term</p> <p>Relationship and sex education –</p> <ol style="list-style-type: none"> 1. Identify and recognise peer influence and develop strategies for managing it, including online. 2. Describe indicators of positive, healthy relationships and unhealthy relationships, including online. 3. Recognise and explain how to challenge unhealthy/negative relationship behaviours. 4. Describe how to recognise, ask for, give, not give and withdraw consent. 5. Identify the impact of stereotyping, prejudice and discrimination on individuals and relationships. 6. Understand the Equality Act and Protected Characteristics. 7. Identify the difference between biological sex, gender identity and sexual orientation. 8. Identify the characteristics of abusive behaviours, such as sexual harassment, sexual and emotional abuse and violence. 9. Describe the warning signs of abuse and how to report abusive behaviours or access support. <p>Health and wellbeing –</p> <ol style="list-style-type: none"> 10. Describe ways to promote physical and mental health. <p>Spring Term</p> <p>Health and wellbeing –</p> <ol style="list-style-type: none"> 11. Describe the influence of drugs and alcohol on decision-making within relationships and social situations. 12. Describe the role of a balanced diet as part of a healthy lifestyle. 	<p>Childline website provides information and advice on a wide range of topics that children and young people may be worried about including peer pressure. https://www.childline.org.uk/info-advice/friends-relationships-sex/friends/peer-pressure/</p> <p>CEOP Support young people who are worried about online abuse or the way someone has been communicating with them online. www.ceop.police.uk/Safety-Centre/</p> <p>Childline website explains all forms of bullying and where to go for help and advice. https://www.childline.org.uk/info-advice/bullying-abuse-safety/types-bullying/</p> <p>Fearless is the dedicated youth service of the independent charity Crimestoppers. We provide you with the opportunity to give information about crime 100% anonymously. There website gives information on different types of crimes, the law around them and help and advice. https://crimestoppers-uk.org/fearless</p> <p>The Proud Trust There is helpful information such as ‘coming out’, faith and religion, and staying safe. You’ll also find stories and experiences from other LGBT+ people in the “People like me” section. https://www.theproudtrust.org/</p> <p>The Childrens Society Is a national charity working to transform the hopes and happiness of young people facing abuse, exploitation and neglect. www.childrensociety.org.uk</p> <p>Kooth is a mental health support app with trained counsellors, message boards, advice, and help. The unique thing about Kooth is you can have a text conversation with a counsellor and not have to speak on the phone. www.Kooth.com</p>

	<p>13. Understand a range of potential influences on young people linked to alcohol.</p> <p>14. Understand a range of potential influences on young people linked to drugs.</p> <p>15. Identify how to resist peer influence in relation to drugs and alcohol.</p> <p>Relationships and sex education –</p> <p>16. Describe a range of conflict resolution strategies for different contexts.</p> <p>17. Identify the effects of change, including loss, separation, divorce and bereavement.</p> <p>18. Identify strategies for managing loss and where to access support.</p> <p>Summer Term</p> <p>Living in the wider world –</p> <p>19. Describe personal strengths, interests, skills, qualities and values and how to develop them.</p> <p>20. Identify some skills and attributes that employers value.</p> <p>21. Describe how to protect yourself online.</p> <p>22. Understand how the use of social media can impact on our lives.</p> <p>23. Explain what the Local Labour Market is.</p> <p>24. Identify why understanding the local labour market can support your career planning.</p> <p>25. Describe a range of employment rights and responsibilities.</p> <p>26. Understand the effect money choices have on mental wellbeing.</p> <p>27. Understand the possible consequences of gambling and debt.</p>	<p>Childline website provides information and advice on a wide range of topics that children and young people may be worried about. It also has wellbeing resources like the calm zone, art box, mood journal, games and a mental health first aid kit that children can use to work through their feelings and experiences. www.childline.co.uk</p> <p>Childline website Information about drug and alcohol use https://www.childline.org.uk/info-advice/you-your-body/drugs-alcohol-smoking/</p> <p>Talk to Frank Information about drugs, their effects and the law. Talk to Frank for facts, support and advice on drugs and alcohol today. https://www.talktofrank.com/</p> <p>NHS guide on healthy diet https://www.nhs.uk/live-well/eat-well/food-guidelines-and-food-labels/the-eatwell-guide/</p> <p>Child bereavement UK Support for bereaved young people. Individual and group support. Support information, films and digital resources. www.childbereavementuk.org</p> <p>Careers and Enterprise Organisation, Coventry, and North Warwickshire As a parent or carer, you will want to have some of the key answers that your young people ask of you. The landscape of opportunities has never been so broad. This site has key resources, tools and support that can help you wade through the options and help shape possible solutions to their future. https://www.cwcareershub.co.uk/parents-zone/</p> <p>National Careers Service For careers advice and support https://nationalcareers.service.gov.uk/explore-careers</p> <p>Start is a digital careers platform with the information, advice and tools to help students to explore and plan for their future. https://careers.startprofile.com/page/home-page</p>
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