

Monthly Newsletter

April Edition 2024

Let's talk about ...

- World health day - 7th April 2024
- World immunisation week
- NCMP results
- Scarlet fever
- Come along to our recruitment open day!
- Useful contacts

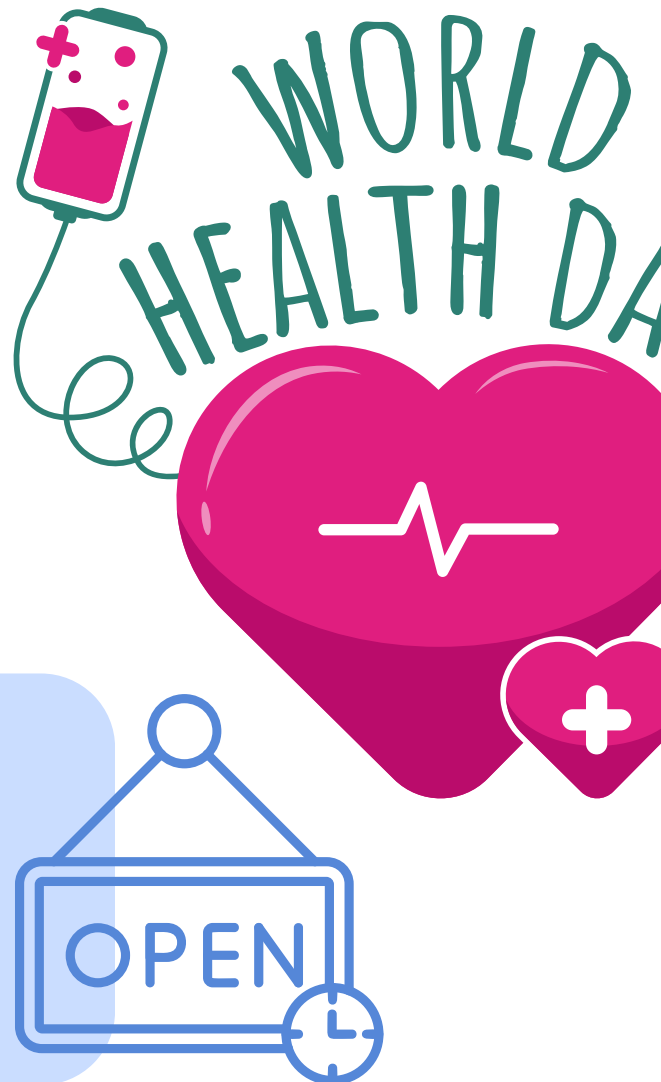
Want to make sure you don't miss health & wellbeing updates from your school nursing team? [Sign up here!](#)

We are hiring in Stratford...

ARE YOU A REGISTERED NURSE?

Why not come along to our recruitment open day for the chance to discuss your next career steps with a member of our team? More details on page 5.

[Click here to register](#), or just [pop along on the day!](#)



World Health Day - 7th April



The theme for this year is: 'My health, my right'

Chosen to champion the right of everyone, everywhere to have access to quality health services, education and information. In school and at home, you could ...

Organise a day of different physical activities

Promote healthy eating habits and a balanced diet

Teach children about the importance of hygiene

Create a group activity that spreads kindness

Spread the positivity with laughter



AT CONNECT FOR HEALTH ...

We aim to give every child, young person and family the best possible start, and to give them the tools to lead a healthy, happy life.

HEALTH SUPPORT FOR FAMILIES

Our service is here for all school-aged children (aged 5 to 19, or up to 25 for individuals with SEND) and their parent/carers - regardless of whether they attend a mainstream school.

Support can be provided in a way that suits you, including: individually face-to-face or over the phone, in group workshops or via our confidential messaging services.



WHAT WE CAN SUPPORT WITH...

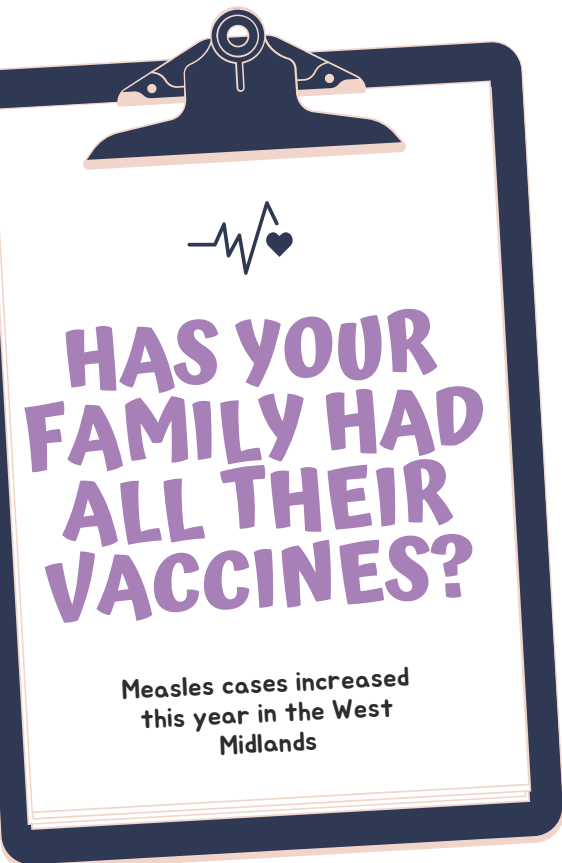
- Healthy eating
- Dental health
- Friendships and relationships
- Body image
- Bullying
- School anxiety
- Fussy eating
- Sleep
- Contenance
- Mental health
- Sexual health
- Long-term medical conditions
- Gender and sexuality
- Parenting
- Behaviour
- Refer to additional service

World Immunisation Week

24th - 30th April 2024

The goal of World Immunisation Week is for more children, adults and their communities, to be protected from vaccine-preventable diseases, allowing them to live happier, healthier lives.

Immunisation is one of our greatest global health success stories, saving millions of lives every year!



Vaccines save ...

3.5 to 5

million lives every year!



Vaccines prevent over **20**

life threatening diseases!

To discover more about immunisations and to check whether your family is up-to-date with their vaccines - Visit the NHS site for more information: <https://www.nhs.uk/vaccinations/>

National Child Measurement Programme (NCMP)

Has your child had their height and weight measurements taken for the NCMP? Height and weight measurements are taken for all Reception and Year 6 pupils in Warwickshire, unless opted out. If your child has been measured as part of the programme, you can view the results letter via your parent/carer portal. To log in or register an account, please go to:

<https://www.compass-uk.org/primary-parent-sign-up>



Please contact us if you have any problems or require a results letter sent by post.

What is Scarlet Fever?

Scarlet fever is a contagious infection that mostly affects young children. It's easily treatable with antibiotics.

The first signs to look out for:

- ✓ High temperature
- ✓ Sore throat
- ✓ Swollen neck glands
- ✓ A rash after 12 - 48 hours
- ✓ White coating on tongue

Are you worried that your child has Scarlet Fever?

? See your GP if you or your child...

- Have scarlet fever symptoms
- If you do not get better in a week after seeing your GP
- If you are feeling unwell and have been in contact with someone who has scarlet fever
- If you have scarlet fever and chickenpox at the same time

Important

If you or your child has Scarlet Fever, stay away from nursery, school or work for 24 hours after you take the 1st dose of antibiotics.



Visit the NHS website for more information and advice.

<https://www.nhs.uk/conditions/scarlet-fever/>

We are hiring in Stratford...

ARE YOU A REGISTERED NURSE?

Why not come along to our recruitment open day for the chance to discuss your next career steps with a member of our team?



April 10th, 2024



**Unit 46 Cygnet Court, Timothys Bridge Road,
Stratford Upon Avon, CV37 9NW**



The office will be open 1pm - 5pm



Discover our Stratford job vacancies...

School Staff Nurse

Full time role
Stratford, Cygnet Court
£29,531 - £36,531

School Nurse (SCPHN)

Full time role
Stratford, Cygnet Court
£37,092 - £45,347

Register now for our open day or
just pop along on the day!

Contact us:

Call us: 03300 245 204

Email: connectforhealth@compass-uk.org

SCAN THE CODE



Compass

Useful Contacts

Mental health & wellbeing

CW RISE

Rise is a family of NHS-led services providing emotional wellbeing and mental health services for children and young people in Coventry and Warwickshire.

Dimensions Tool

A web-based app that will help you to find well-being support in the local area specific to your needs, or someone else's needs, after you answer a series of questions.

Relate

Counselling service for young people.

Kooth

Join Kooth, the free online mental health community for young people in Warwickshire. Includes counselling via text service.

Family support

Family Lives

Support for a wide range of topics relating to family life.

Warwickshire Family Information Service

Advice and support provided by Warwickshire County Council.

Warwickshire Health Visiting

Support and advice for parents/carers with a children under 5.

[Click here for useful apps and websites for young people.](#)

Our service is here to support school-age children, young people and their parents/carers in Warwickshire with all things health & wellbeing - just get in touch to find out more.



Text ChatHealth (11-19 years): 07507 331 525

Text ParentLine: 07520 619 376

Call us: 03300 245 204

Email us: connectforhealth@compass-uk.org