Subject	Year 10 Core Knowledge –	How to support students' learning
	Autumn/Spring/Summer term	
Science –	Autumn Term	
	Atomic Structure –	
Physics	Understand nuclear decay	Students can revise on the following websites:
	equations.	Educake: www.educake.co.uk
	2. Understand half-lives and the	Oak academy lessons:
	random nature of radioactive	https://continuityoak.org.uk/lessons
	decay.	Free science lessons:
	Compare contamination and	https://www.youtube.com/c/freescienceless
	irradiation.	ons
	Describe the nature of background	BBC bitesize- select Physics (Single science)
	radiation (Triple only).	and then AQA if studying for Triple Science
	5. Understand different half-lives of	or Combined and then select AQA Trilogy if
	radioactive isotopes (Triple only).	studying Combined Science and then select
	6. Describe the uses of nuclear	the relevant topics –
	radiation (Triple only).	https://www.bbc.co.uk/bitesize/levels/z98j
	7. Describe nuclear fission (Triple	mp3
	only).	Save my exams -
	8. Describe nuclear fusion (Triple	https://www.savemyexams.com/gcse/
	only).	Primrose Kitten -
	Offity).	https://www.primrosekitten.com/collections
	Energy 2 –	/gcse
	9. Calculate kinetic energy.	Past paper questions can be found on the
	10. Calculate kinetic energy.	Physics and Maths Tutor website for all three
	energy.	science subjects -
	11. Calculate elastic potential energy.	https://www.physicsandmathstutor.com/
	12. Apply the law of conservation of	nttps://www.pnysicsanamathstaton.com/
	energy to calculations of changing	
	energy stores.	
	chergy stores.	
	Spring Term	
	Forces –	
	13. Describe scalars and vectors.	
	14. Forces - Describe contact and non-	
	contact forces.	
	15. Describe gravity.	
	16. Determine resultant forces.	
	17. Describe work done and energy	
	transfer.	
	18. Understand forces and elasticity.	
	19. Describe motion along a line.	
	20. Compare distance and	
	displacement.	
	21. Compare speed and velocity.	
	22. Understand and interpret distance-	
	time graphs.	
	23. Understand and interpret velocity-	
	time graphs.	
	24. Describe Newton's laws of motion.	

- 25. Understand acceleration.
- 26. Understand forces and braking.
- 27. Describe stopping distance.
- 28. Describe factors affecting stopping distance.
- 29. Understand momentum is a property of moving objects (HT only).
- 30. Understand conservation of momentum (HT only).
- 31. Understand moments, levers and gears (Triple only).
- 32. Understand pressure in a fluid (Triple only).
- 33. Understand atmospheric pressure (Triple only).
- 34. Understand changes in momentum (Triple only).

Summer Term

Electricity -

- 35. Recognise standard circuit diagram symbols.
- 36. Understand electrical charge and current.
- 37. Calculate current, resistance and potential difference.
- 38. Understand resistors.
- 39. Compare series and parallel circuits.
- 40. Compare direct and alternating potential difference.
- 41. Understand mains electricity.
- 42. Calculate power.
- 43. Describe energy transfers in everyday appliances.
- 44. Describe the National Grid.
- 45. Understand static charge. (Triple only).
- 46. Understand electric fields (Triple only).