Subject	Year 13 Core Knowledge –	How to support students' learning
	Autumn/Spring/Summer term	
Tech –	Autumn Term	
H & S Care	Unit 4 -	Unit 4 –
	Understand the cardiovascular	The use of NHS resources and other organisations'
	system.	websites may provide a useful source of information
	2. Understand the malfunctions of	about causes, treatment and the impact on the
	the cardiovascular system and their	individual for the listed conditions.
	impact on individuals.	https://www.nhs.uk/
	3. Understand the respiratory system.	British Heart Foundation
	4. Understand the malfunctions of	https://www.bhf.org.uk/?gclid=CjwKCAjwrNmWBhA
	the respiratory system and their	4EiwAHbjEQDXN8suNPfnCnVvnbKDd2qeqPSnkuSFiG
	impact on individuals.	bg4kQ09koJk-
	5. Understand the digestive system.6. Understand the malfunctions of	OZAOhVfhBoCAagQAvD_BwE&gclsrc=aw.ds IBS Network
	the digestive system and their	https://www.theibsnetwork.org/the-self-care-
	impact on individuals.	programme
	7. Understand the musculoskeletal	Diabetes UK
	systems.	https://www.diabetes.org.uk
	8. Understand the malfunctions of	Arthritis Association
	the musculoskeletal systems and	https://www.arthritis.org/
	their impact on individuals.	Royal Osteoporosis association
	9. Understand the digestive system.	https://theros.org.uk/
	10. Understand the malfunctions of	Stroke Association
	the digestive system and their	https://www.stroke.org.uk/
	impact on individuals.	British Deaf Association
	11. Understand the control and	https://bda.org.uk/
	regulatory systems.	Institute for the blind
	12. Understand the malfunctions of	https://www.rnib.org.uk/
	the regulatory systems and their	
	impact on individuals.	
	13. Understand the sensory systems.	
	14. Understand the malfunctions of	
	the sensory systems and their	
	impact on individuals.	
	Spring Term	
	Unit 24 -	Unit 24 -
	15. Describe the origins of public	Organisation: National Careers Service Resource
	health policy and legislation.	Title: A-Z index of job profiles Website Link:
	16. Understand the role of national	https://nationalcareersservice.direct.gov.uk/advice/
	organizations and practitioners in	planning/jobfamily/Pages/defaultaspx Description:
	promoting public health.	A website containing job profiles across a range of
	17. Know how organizations and	careers. Organisation: BBC Resource Title: Food
	practitioners work together on	Inspectors Website Link:
	strategies to promote public	https://www.youtube.com/watch?v=MbH2fPAH4Vc
	health.	Description: A range of videos showing the work of

18. Identify different strategies used to

promote public health.

environmental health officers in relation to the food

industry.

19. Analyse the effectiveness of different public health strategies.

Organisation: NHS Choices Resource Title: NHS

screening Website Link:

http://www.nhs.uk/Livewell/Screening/Pages/screening.aspx Description: An overview of health screening conducted by the NHS.

Organisation: NHS Choices Resource Title: NHS

Health Check Website Link:

http://www.nhs.uk/Conditions/nhs-healthcheck/Pages/NHS-Health-Check.aspx Description: NHS website outlining the process of having a health check and the associated benefits.

Organisation: NHS Resource Title: Smokefree Website Link: http://www.nhs.uk/smokefree Description: NHS health promotion to encourage

individuals to stop smoking.

Organisation: Healthcare Promotions Resource Title:

Health promotion resources Website Link: http://www.healthcarepromotions.co.uk/
Description: Free resources and fact sheets for

health promotions.

Summer Unit 13

- 20. Understand personal safety, grooming and child exploitation.
- 21. Understand sexual health and contraception.
- 22. Understand the importance of prenatal health and the process of conception.
- 23. Understand the different practitioners in promoting good health.
- 24. Understand how genetic testing is used and which conditions can be congenital.
- 25. Know the factors which could affect health in pregnancy and the success of the birth.
- 26. Understand the stages of pregnancy and birth and the postnatal care of the mother.

Unit 13

Sexual Offences Act

https://www.legislation.gov.uk/ukpga/2003/42/cont ents

Contraception

https://www.nhs.uk/conditions/contraception/

Sexual Offences Act

https://www.nhs.uk/conditions/sexually-transmitted-infections-stis/

Prenatal

https://www.nhs.uk/pregnancy/keeping-well/vitamins-supplements-and-nutrition/

Genetic Testing

https://www.nhs.uk/conditions/genetic-and-genomic-

testing/#:~:text=Genetic%20testing%20%E2%80%93

- 27. To understand the different types of support given postnatally and the services available
- 28. Understand the care and development of the baby in the first year of life.

%20sometimes%20called%20genomic,health%20conditions%20and%20some%20cancers

Postnatal care

https://www.nhs.uk/pregnancy/labour-and-birth/after-the-birth/early-days/

Midwives

https://www.healthcareers.nhs.uk/explore-roles/midwifery/roles-midwifery/midwife

Health Visitors

https://www.healthcareers.nhs.uk/explore-roles/public-health/roles-public-health/health-visitor/health-visitor

Ages and stages

https://childdevelopmentinfo.com/agesstages/#gs.66ts2u