

## Bistro

Thank you to our **students, parents/guardians and staff** that supported our **Turkey and Syria Earthquake appeal**, by **purchasing cake** to help raise some funds for the **victims in Turkey and Syria** from either our **Sixth Form Bake Sale**, which took place in our **Bistro** at the **Yr9 Curriculum Evening on Thursday 16th February**, or in **Tomlinson Hall** during lunch and break times on **Friday 17th February**.



Here are some **Sixth Form testimonials** below for the **new study and eating area** which has been launched for **Post-16** in the **Bistro**.

## Sixth Form Testimonials

We are proud to say that we raised **£344.01** in total from both bake sales, which has been paid to the **Disasters and Emergency Committee**.



"A great place to study and relax. 10/10 pastries, and the staff are lovely."

-Pierce

"Best cookies I've ever had!"

-Erica

"It's such an inviting atmosphere, and is great for studying and meeting friends."

-Fin

"The bistro is always very clean and organised and the food is very good. I would recommend it."

-Megan

"Peaceful place to study and snack."

- Lily



# Yr11 Leavers Hoodies

For our **Year 11 Leavers Hoodies**, we have sourced an outside company should your child wish to purchase one (this is **entirely optional**).

There are **different styles, colours and prices** dependent on the hoodie choice and the orders are sent to school for students to **collect from Miss Phipps**.



The company provide all the support for ordering and payment on their own online shop. Please ensure you contact the company directly should there be any issues (**contact details, example pictures of the hoodies and instructions for ordering** have been sent via My Child).

Please note that the **deadline for ordering is by Friday 31st March** to secure delivery before Year 11 Leavers Day.



## PE News

Yr7 have played round 1 (Tuesday 7th March) and round 2 (Tuesday 21st March) of the **Nuneaton and District Netball League** and have made a very promising start for a team **growing in experience**.

The season will finish with the district cup on **Tuesday 28th March**. More players are always welcome to come and **train on Tuesdays after school**, with the opportunity to play in future matches.

**Well done to all who played!**



**Congratulations to AH in Yr7** who was rewarded with a polo shirt and drinking bottle for **attending over 50 clubs this academic year!**



**Congratulations to MJ, CJ, CB and TP** for getting into **U14 Nuneaton and District Rugby Team!**



A strong performance by our Yr11 Football Team on Tuesday 14th March who after **hitting the crossbar twice**, numerous excellent saves by the opponents goalkeeper and a **penalty appeal**, eventually lost 2-0 to Higham Lane.

**Well done to our Yr7/Yr8 Football Team** who started the tournament against **Nicholas Chamberlaine, St. Thomas More, Etone College, Higham Lane and Queen Elizabeth Academy** on Tuesday 7th March in which they played 4 matches and then **completed the tournament on Tuesday 14th March** with a further 5 matches. All together they **won 3, lost 2 and draw 4 games**. Great team spirit in some freezing cold conditions.



Two of our Yr11 students played for their **Midlands Central DPP** (formerly Wasps) team on **Sunday 12th March** against **Bath at Marlborough College** and won 22-10. It was a great experience and they **both played very well**.



**Well done to our Yr7 Rugby Team** who on **Tuesday 28th February** lost by a last minute try against **George Eliot**, drew against **St. Thomas More** and **Higham Lane** and **beat Nicholas Chamberlaine**.

**Our Yr10 Rugby Team** who on **Thursday 2nd March** lost in a very competitive game to **Twycross 15-10**. Many players played in their first game of Rugby and **really enjoyed it**.

**Well done to our U16 Rugby Team** who on **Tuesday 7th March** played against **St. Thomas More**. It was a brilliant and intense game in which **we lost by one try in the last play of the game**.

## Ofsted

To read the full inspection report, please follow this link to our website: <https://thepolesworthschool.com/ofsted/>



"The Polesworth School is a community school where pupils prosper."

**Ofsted, February 2023**

"There is a respectful and caring culture across the school."

**Ofsted, February 2023**

"Leaders have created an ambitious curriculum, which enables pupils to flourish."

**Ofsted, February 2023**

**We are proud to say that we have been rated Good by Ofsted!**



# Attendance & Punctuality

## Making Every Day Count!

### Why is it important for children not to miss school?

All parents and carers want the best for their children and for them to get on well in life. Having a good education is important to ensure that they have the best opportunities in their adult life and that they have future success. They only get one chance at school, and your child's future may be affected by not attending school regularly.

### If your child does not attend school regularly they may:

- Struggle to keep up with school work and this could also affect their confidence and make them not want to come to school.
- Miss out on the social side of school life. Poor attendance can affect their ability to make and keep friendships.
- May have less chance of securing a job when they are adults.



Being on time is also vital. Arriving late at school can be very disruptive for your child, their teacher and the other children in the class.

All children of compulsory school age (between 5 and 16) must receive a suitable, full-time education. Once your child is registered at a school you are responsible for making sure they attend. Reasons such as family bereavement or taking part in an agreed religious observance would be acceptable for short absences.

There may be times when your child has to miss school because they are ill. This is to be expected and you should follow the school's procedures for notifying illness. However, you should try to keep your child off school for as little time as is possible and try not to keep them off when their symptoms are slight. Sometimes we do not send our children into school when they have a slight cold, but we recommend that you do send them to school and trust that the school will contact you to pick them up if they are too unwell to be present.

Children may also have to attend a medical or dental appointment in school time. However, you should try to make routine appointments such as dental check-ups during the school holiday or after school hours. Any absence must be requested as far in advance as possible. Absences can only be authorised by the school.

### How is your child affected?

Lateness and absence quickly adds up and can affect a student's progress and achievement:

- ½ day a week absent in Years 10 and 11 can mean the loss of one grade for every GCSE or vocational course taken.
- Attending 4 and a half days a week means that your child's attendance would be calculated at 90% and this would mean that they have missed 4 weeks of schooling per year.
- An average attendance of 80% or less across a child's school career adds up to missing a whole 2 and a half years from school.
- 10 days of holiday a year means that 2 whole terms of education are missed over a child's school career.
- If your child is 15 minutes late every day they will miss one full year of education over their school career.

### What can you do to help?

- You can now monitor your child's attendance and punctuality via MyChild. This can help you as parents support your child and provide you with an overall picture of your child's attendance record – especially if it is not where it is expected to be.
- If you suspect that your child is unhappy at school you should contact the school as soon as possible so that you can work with them to resolve any difficulties.
- Be on alert for any particular reasons for non-attendance, such as bullying or problems with school work and discuss these with the school.
- If your child is ill or absent for any other reasons, contact the school on the first day of absence. Get them back to school as quickly as you are able.
- Make sure your child arrives at school on time.
- Take an interest in your child's education. Ask them about their day and praise and encourage their achievements at school.
- Adopt a "give it a go" attitude if your child feels slightly under the weather – they may feel better as the day goes on!
- Don't keep your child off school if their symptoms are slight – encourage them to attend school and trust that the school will send your child home if they are too ill.



# School Disco



Our Yr7 and Yr8 School Disco took place on **Tuesday 14th March 6-8:30pm.**

Students had a great time dancing to the 'Cha, Cha Slide', 'Hey Macarena' and we even had an **impressive Congo line** that went around the space of our Main Hall!



## Reading Challenge

Our **Reading Challenge** launched on World Book Day- **Thursday 2nd March 2023**, to help inspire a love of reading for pleasure and to engage students in **Y7, Y8 and Y9** in reading a short story once a fortnight with a family member so that they can discuss their thoughts and ideas about what they have read at home.

**Each fortnight, there will be a letter available on My Child, a short story and a link to a questionnaire** to guide discussions about the short story. There are no right or wrong answers to the questionnaire and as a further incentive, **any student who completes the questionnaire will be entered into a raffle to win a £5 Amazon voucher and will receive 10 merits.** There will be **two winners** drawn at the end of each fortnight after the short story has been issued.

Congratulations to the two winners of our **first Reading Challenge- Max in Year 7 and Imogen in Year 8.**

The **link to the questionnaire and this fortnight's short story 'Teeth' by Jan Mark is on My Child.**

We do hope that you will enjoy reading the **short stories and discussing ideas** about them with your son/daughter and we look forward to reading your ideas.

Stay updated on **our school social media pages, Facebook, Instagram and Twitter** for the next fortnightly reading challenge post!



## Easter Food Tech Club

**Wednesday 29th March for all years.**

We will be making an **Easter themed lemon cheesecake!**

**£4 per student on ParentPay**

**2:40-4:00pm in B1 & B2**



**Ingredients and cake tins are provided but please bring your own toppings.**

If interested, please get a **letter** from the **Technology Office in Bramcote.**

## Key Dates

- **Year 8 Parents Evening**  
Thursday 30th March
- **Break up for Easter**  
Friday 31st March - Sunday 16th April
- **Year 12 Parents Evening**  
Thursday 27th April



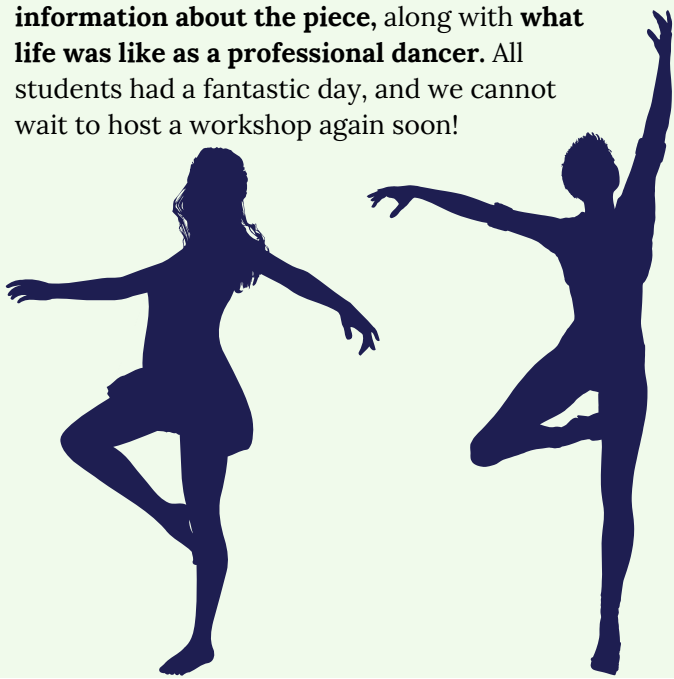
# Yr10 & Yr11 Dance Workshops



In February, **our Yr10 and Yr11 GCSE dance students** experienced a 3 hour workshop relating directly to their course that was ran by **Natalie- a professional dancer from Phoenix Dance Theatre Company**, who travelled from Leeds to spend the day with us.

During this time, students **learnt choreography from the piece 'Shadows'**, which is one of the GCSE dance professionals works we study.

Natalie was one of the dancers in this production and **she explained valuable information about the piece**, along with **what life was like as a professional dancer**. All students had a fantastic day, and we cannot wait to host a workshop again soon!



## School of Rock

Want to play in a band? Develop your instrumental skills?

- For All Years
- Every Tuesday 2:40pm-3:30pm in I2



# British Science Week

## British Science Week: 10th-19th March

On **Wednesday 15th March** we were lucky enough to have Gareth Pugh, an operations director at a **local engineering consultancy firm - FluxSys**, in to deliver a session to our **Y11 triple science class**. He was able to tell them all about the **careers available in engineering**, many within the local area and also brought in some of his equipment which he uses when going out and supporting other companies in terms of training their staff.

Students were able to have a play and also see how it could be used in the real world for example in electric cars. Gareth then stayed to show some of our **Y13s** some of the equipment he uses when training university lecturers and gave them the opportunity to ask him questions about his career and options available to them.



## Yr10 Drama Workshop

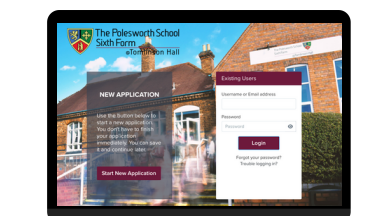
A big thank you to **Jacob Whitehorn from Dauntless Evolution** for joining our **Yr10 Drama students** on **Wednesday 15th March** in a **workshop** which looked at **developing physical theatre, devising skills** and how **sound and lighting** can **enhance performance!**



## Sixth Form



To apply to our Sixth Form and for details on **subjects available**, **entry requirements** and to **access the online application form**, please follow this link:  
<https://tomlinsonhall.com>







## Mental Health in Schools Team (MHST)

### Tips For Wellness:

## SELF-CARE

Self-care is all about the little things we do to help ourselves feel better or to keep ourselves feeling good. This is a great way to look after our mental health and wellbeing. Self-care involves 'checking in' with yourself, thinking "how do I feel?" and understanding "what do I need?".

Self-care looks different for everybody, so it is important to try out different methods to find what works for you!

### Our tips for practicing self-care:

1- Ask yourself "how do I feel?" If you feel sad, worried or angry, talk to a trusted adult and choose an activity that you enjoy, e.g., listening to music, drawing, playing a game, reading a book, or going for a walk.



Try out this  
breathing exercise!

2- Make time for a relaxation activity, why not try out the breathing and meditation exercises by following the QR codes?



Scan to practice  
meditation.

3- Try to look after yourself by eating and sleeping well!

4- If you notice yourself feeling overwhelmed, take some time out and ask yourself "what do I need?" Is there anything you can do to help yourself to feel better? Or do you need to take a break to recharge?



More self-care  
tips!

5- To learn more about self-care and how we can look after ourselves better, scan the QR code!

#ThanksKids recognises the efforts and kindness of children and young people, and thanks them with personalised #NHSSStars certificates. If you know a child or young person that deserves recognition for going above and beyond, don't wait, nominate!

**thankskids@covwarkpt.nhs.uk**

MHST are available to support you and your school throughout the school year including term time and school holidays. Please contact your school's Mental Health Lead for information and advice.