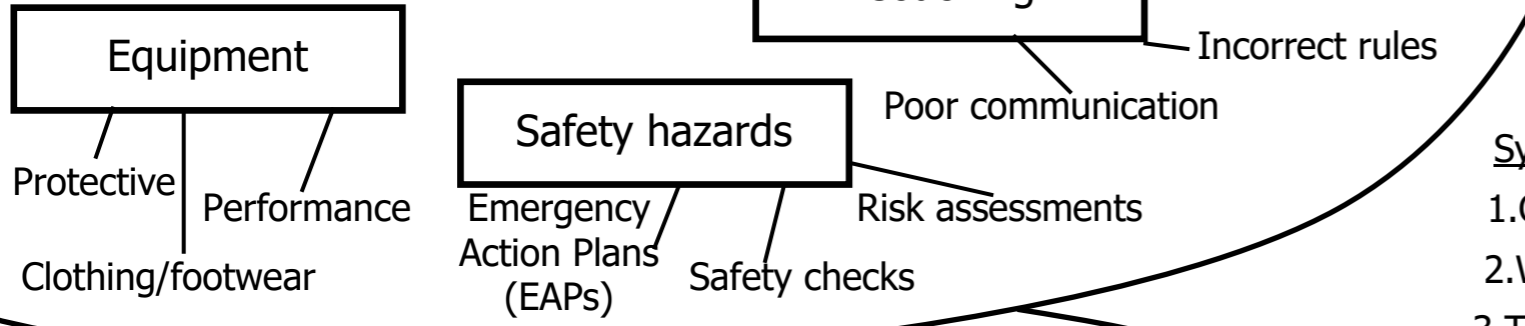




The Polesworth School Sport Science R041 Knowledge Organiser



Extrinsic factors

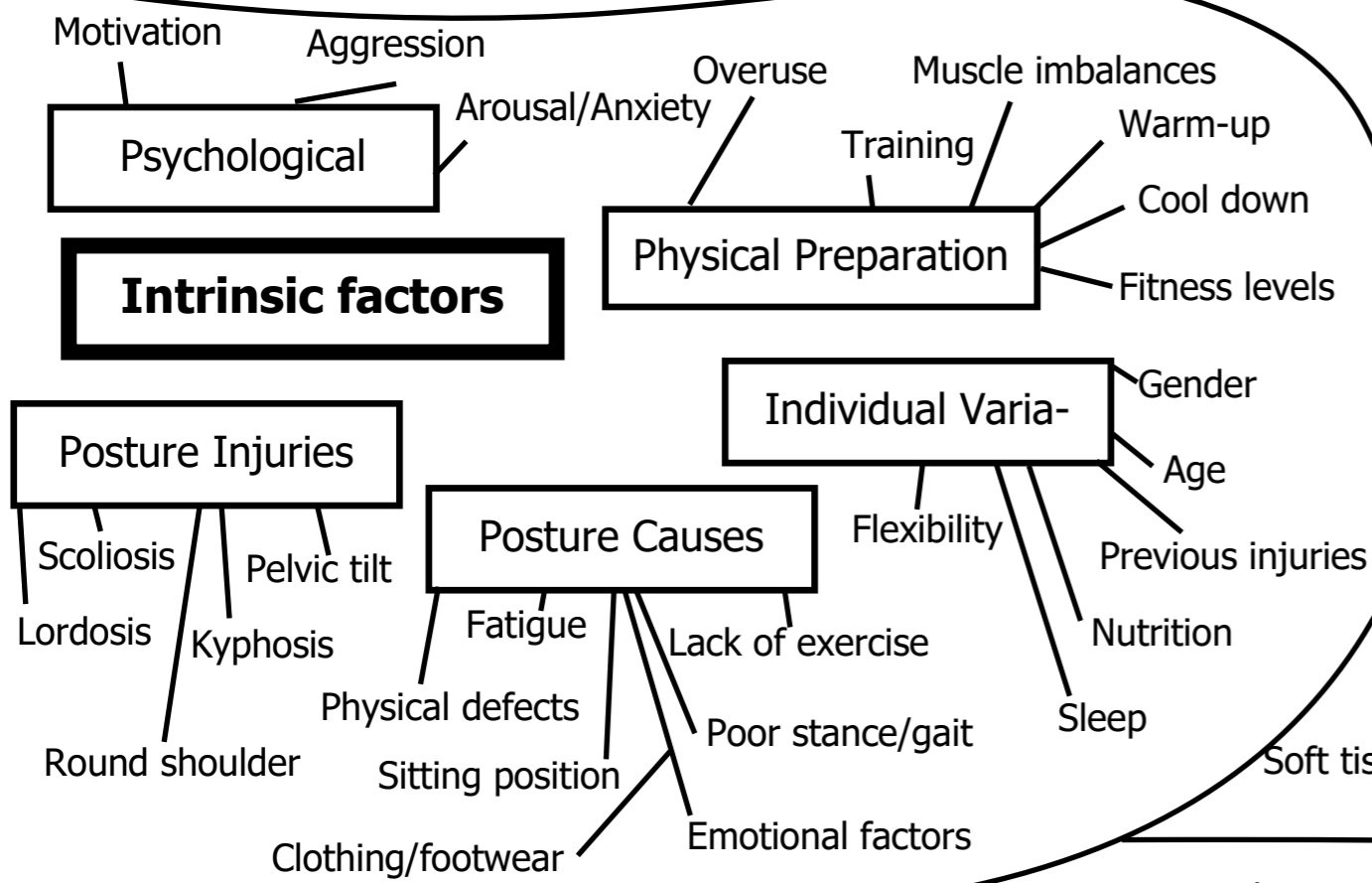


Common medical conditions

Asthma		Diabetes		Epilepsy	
Symptoms	Response	Symptoms	Response	Symptoms	Response
1. Coughing	1. Reassure	1. Thirst	1. Insulin or glucose	1. Seizures	2. Emergency Care Plan
2. Wheezing	2. Inhaler	2. Urinate	2. Fruit juice		
3. Tight chest	3. Emergency services	3. Tiredness	3. Sugary sweets		
4. Short of breath		4. Weight loss			

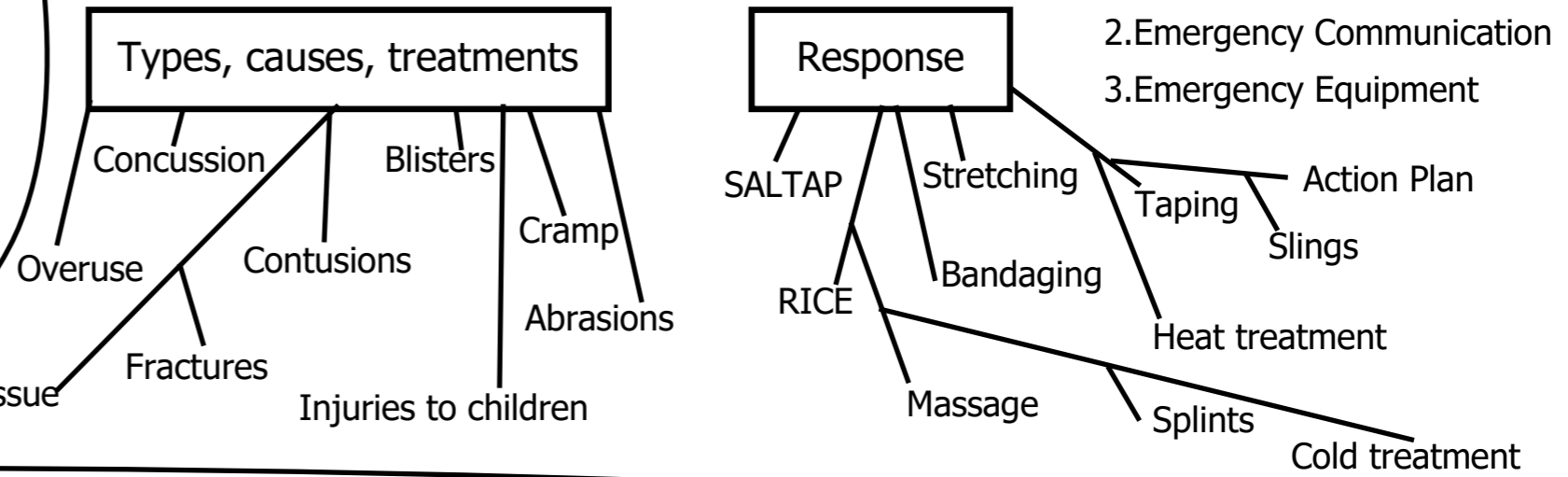
When & how to refer to a medical professional

Intrinsic factors



Acute v Chronic

Injury



Emergency Action Plan

1. Emergency Personnel
2. Emergency Communication
3. Emergency Equipment

Warm-up & Cool down

